

Getting Started as an H4HC Advocate!

Welcome to Hearts for Home Care!

Whether you're new to home care advocacy or a long-time champion of our issues, we're excited to have you as part of our movement! Every advocate has their own unique experiences, passions, and skills to offer, and our H4HC Grassroots Advocacy Team is here to help you feel comfortable, confident, and empowered throughout your advocacy journey.

Here are some tips and resources to help you get started:



1. Attend our monthly Training & Education offerings:

- Each month, you'll receive a newsletter that contains opportunities to attend educational webinars on a range of advocacy topics. If you ever want a specific training on a topic, feel free to suggest it to our Grassroots Advocacy Team. We also host 1:1 trainings upon request.



2. Follow H4HC on Social Media:

- Follow us on [X](#), [Facebook](#), and [Instagram](#) to hear from other H4HC advocates and to share opportunities to take action with your communities!



3. Sign-up for your elected officials' newsletters:

- Use our [Find Your Lawmaker tool](#) to identify the lawmakers who represent you. Then, simply do a google search to find your lawmaker's website and subscribe to their updates. This is a great of staying up-to-date on what your lawmaker is doing in your community and what issues matter to them most!



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4. Take Action every month via our H4HC Advocate Newsletter:



- Our Action Alerts take less than a minute to complete and ensures lawmakers keep home care priorities top of mind. Taking action is as simple as filling out your name, contact information, and address and sending a pre-written email directly to your legislator.

5. Share Your Story:



- Tell us why you're passionate about advocating for access to home health care by using our 'Share Your Story' form on our website!

6. Plan to attend an Advocacy Day in your state::



- Curious about when Advocacy Days in your state take place? Check out our H4HC Calendar or contact advocacy@heartsforhomecare.com for more information!

7. Connect 1:1 with our Grassroots Advocacy Team:



- Whether you have questions about what's happening in your state, the best first actions to take...we'd love to connect and get to know you. Reach out to advocacy@heartsforhomecare.com to connect with us directly!

