



Hearts for Home Care

Championing Inclusive Home Care

Investing in home health care is an investment in the well-being of our community. By supporting these services, we can create a more equitable healthcare system that allows all individuals to access health care services *where they want to receive them*.

Expanded access to home health care is necessary for our communities because:

- **Expanded Accessibility:** Home health care provides essential medical services directly to patients' homes, removing barriers such as transportation and mobility issues that can prevent access to traditional healthcare facilities.
- **Cost-Effectiveness:** Home health care services significantly reduce healthcare costs by preventing unnecessary hospital readmissions and emergency room visits. This is crucial for low-income families who may avoid seeking care due to inflated costs.
- **Personalized Care:** Home health care offers tailored and continuous care, which is particularly beneficial for managing chronic conditions and improving overall health outcomes.
- **Seniors deserve to age in place:** Adequate access to home health care ensures seniors remain a part of their communities and can age in place with independence, support, and dignity.
- **Home care workers deserve to be paid for the quality care they provide.** These workers, the majority of whom are women of color, are the backbone of our nation's healthcare infrastructure. Without adequate investment in state and federal home care programs, providers cannot pay these workers what they are worth.
 - **Consider these national statistics** regarding home health aides:
 - 15% live below the poverty line.
 - Two-thirds are non-white, including 27% of whom are black or African-American, and 26% of whom are Hispanic or Latino.
 - 84% are women.
 - 58% rely on Medicaid, food and nutrition assistance, or some other form of public assistance.
 - Nearly half rely on some sort of public health insurance coverage, such as Medicaid or Medicare.
 - The average home health aide earns less than \$22,000 per year.
 - [See additional national and state-specific statistics here.](#)
- **Home care protects individual autonomy:** Home care services are critical tools that allow people living with disabilities to live autonomous lives, keeping them with their families and communities, and out of costly institutionalized settings.

Let's work together to champion home health care as a cornerstone of health equity in our community.